

# SUSTAINABLE FISHING



We love good fish and want to make sure that it is available for many years to come. Poppies source all its fish from sustainable traders at our local Billingsgate fish market.

Some fishing methods are wasteful, trawling the seas and discarding any young, small or unwanted fish and diminishing fish stocks.

These overly large nets scrape away at the fragile sea bed, damaging the habitat of dolphins, seals and birds in the process.

Poppies' fish is harvested with care from the seas and delivered in wonderful condition to your plate.



# Beverages

## DRAFT BEERS

Curious Brew Lager..... half 3.60 pint 4.50  
 Camden Hell's Lager..... half 3.60 pint 4.50  
 Camden Pale Ale ..... half 3.30 pint 4.30

## BOTTLED BEER

Heineken Premium Lager (33cl).....3.70  
 Westons Organic Cider (50cl).....4.95

## SOFT DRINKS

Fentimans Victorian Lemonade .....1.95  
 Fentimans Ginger Beer .....1.95  
 Fentimans Orange .....1.95  
 Iam Pressed Cloudy Fresh Apple Juice .....2.30  
 Iam Pressed Cloudy Fresh Apple & Ginger Juice 2.30  
 Cream Soda .....1.95  
 Fever Tree Slimline/Tonic Water.....1.95  
 Bottle of Coke / Diet .....1.95  
 Fresh Orange Juice .....2.40  
 Hildon Still / Sparkling Water .....1.95

## TEA & COFFEE

Pot of Tea .....2.45  
**Nude Coffee**  
 Cafe Latte / Cappuccino / Americano ..... 2.80  
 Espresso .....2.00  
 Hot Chocolate.....2.95

# DAILY STARTERS

Whitebait ..... 4.45  
 Jellied Eels ..... 5.95  
 Hot Seafood Platter ..... 7.95  
 Cod bites, Scampi, Calamari, Whitebait  
 Calamari Rings ..... 4.95  
 Wholetail Scampi ..... 5.95  
 Homemade Fish Cake (1) ..... 3.90  
 Hand Peeled Prawn Cocktail... 4.95



# SIDE ORDERS HIT EAST END

Chips ..... Reg 3.90 Lge 4.50  
 Seasonal Salad ..... 3.95  
 Bread & Butter 2 slices ..... 1.50  
 Roll & Butter (2) ..... 1.50  
 Homemade Mushy Peas ..... 2.45  
 Heinz Beans ..... 2.45  
 Gherkin..... 1.00  
 Pickled Onion..... 1.00  
 Curry Sauce ..... 2.45  
 Garden Peas ..... 2.45  
 Gravy ..... 2.45  
 Pickled Egg ..... 1.00

# Wines

## Poppies House Wine

White - Muscadet Sevre et Maine ..... 3.45  
 Red - Bordeaux Chateau Vieux Tuquet ..... 3.45

## White Wine

Tilia Torrontes, Argentina.. ..... 3.70  
 Cote du Rhone Blanc Cuvee des Prelats Louis Bernard.. 3.90  
 Tokomaru Bay Sauvignon Blanc Malborough ..... 4.20

## Rose Wine

Bobal de Sanjuan Rosado, Spain..... 4.45

## Red Wine

Eric Louis Pinot Noir Vin de France, Loire..... 4.25  
 Valdivieso Cabernet Sauvignon, Chile .....4.50  
 Argento Seleccion, Malbec, Argentina ..... 4.25

## Sparkling Wine

Chapel Down Brut Rose..... 7.95  
 Chapel Down Brut NV ..... 7.50

Glass  
125ml

Bottle  
75cl

# Spirits

Bombay Sapphire Gin .....6.00  
 Ketel 1 Citroen Vodka .....6.00  
 Bacardi Superior Blanco Rum.....5.50  
 Jack Daniel's Tennessee Whiskey.....5.50  
 Chivas Regal Whiskey.....7.00  
 Maker's Mark Bourbon .....7.00  
 Olmeca Tequila.....6.00  
 Patron Gold Tequila.....12.00  
 Courvoisier VS Cognac.....8.50  
 Amaretto Di Saronno / Cointreau .....5.00  
 Toussaint.....6.00

# Cocktails

Cosmopolitan, Martini, Mojito .....7.00  
 Golden Margarita .....6.50  
 Old Fashioned .....7.50

50ml



# FISH SUPPER SERVED!

Rock ..... 11.90  
 Lemon Sole Whole ..... 14.90  
 Plaice Fillet ..... 10.90  
 Mackerel 3 Fillets Grilled 10.90  
 Halibut (wild)..... 15.90  
 Homemade Fish Cake (2) .... 8.90  
 Scampi ..... 14.90  
 Skate ..... 14.90

## CHICKEN

Free range from The Rotisserie served with chips and gravy.  
 1/4 Chicken ..... 7.95  
 1/2 Chicken ..... 9.90  
 Whole Chicken..... 17.90

## CHILDREN'S MEALS - 4.95

Cod Bites & Chips • Fish Cake & Chips • Sausage & Chips

**Cod Regular - 11.90**  
**Haddock Large - 13.90**

Hot Seafood Platter ..... 14.95  
 Cod bites, Scampi, Calamari, Whitebait  
 Calamari Rings..... 8.90  
 Cod Roe (2) ..... 8.90

All meals served with chips and homemade tartare sauce.  
 Fried in Groundnut oil or grilled. Vegetable oil can be used in case of nut allergy. Please ask.

## SAVOURIES Served with chips

Steak Pie ..... 7.95  
 Chicken Pie ..... 7.95  
 Saveloy ..... 5.95  
 Cornish Vegetable Pasty ... 7.95  
 Sausage Plain or Battered.. 5.95

# SCRUMPTIOUS PUDDINGS

Cartmel Sticky Toffee Pudding (with 1 scoop of Ice Cream) 4.60 • Apple Pie (with 1 scoop of Ice Cream) 4.50 • Marine Ices Ice Cream (3 scoops) (Vanilla, Chocolate, Strawberry) 4.40

Read about Poppies

Find out more about Pop's Story