

PRESS RELEASE

WALK WITH ME Across Zimbabwe

Vana Trust founder embarks on 300 mile Walk Across Zimbabwe to celebrate the charity's 12th Anniversary



Nyasha Gwatidzo, Vana Trust's founder, together with Liam Garcia of the Long Well Walk and Thandi Harper - friend and co-walker of the Walk With Me along the Thames fundraiser in 2014, are taking on an exciting challenge to acknowledge the charity's 12th anniversary on the 24th July 2016.

This time round the intrepid team is walking 300 miles across Zimbabwe, starting at BUMI HILLS, passing through Matusadona National Park and finishing at St. David's School in CHIHOTA. They hope to be joined by the Trust's supporters all over the world, and do encourage others to help them raise at least £20,000 in any way possible.

Since it was created, Vana Trust has championed and promoted empowerment through education, thus enriching the lives of vulnerable children and young adults in the UK and in Zimbabwe.

Let us remind you what we do. VANA TRUST is a charity which raises funds for:

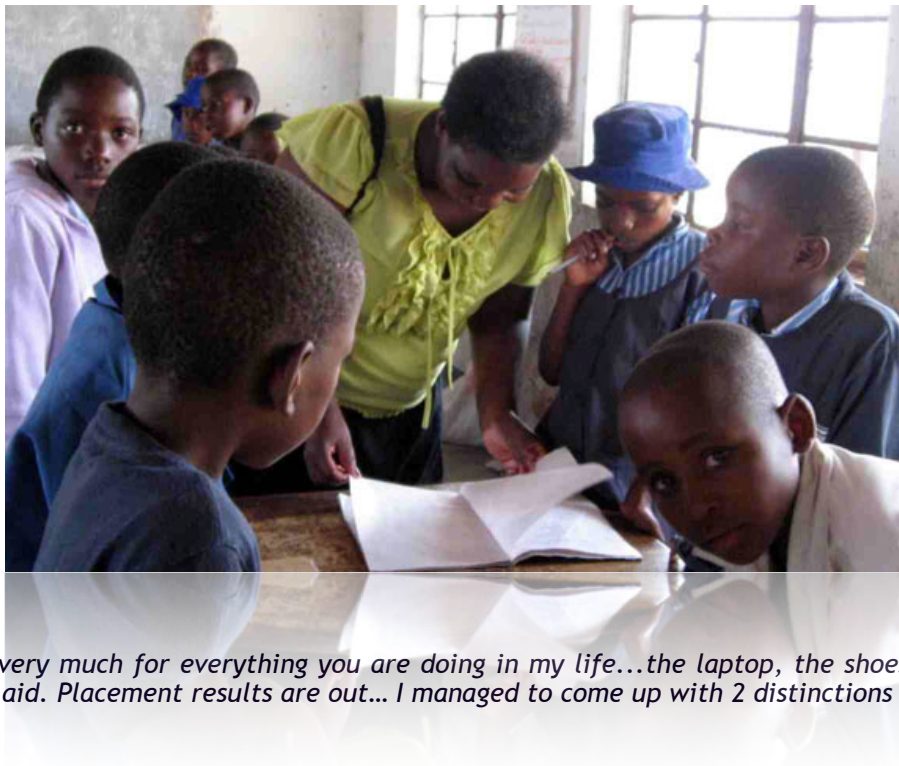
1. Schoolchildren in Zimbabwe (with prospects to expand to other regions of Sub-Saharan Africa) who are orphaned or whose parents, affected by HIV/AIDS, are not able to pay for their education.
2. VANA TRUST ORGANIC FARM. An 8 acre farm in Buckinghamshire - UK, which was created to provide a safe educational setting for young adults affected by emotional and learning difficulties.

Vana Trust has made a significant difference to the hundreds of individuals whose lives it has touched. Hear from two of them:

"Vana Trust Farm is a fun and friendly environment which has given me confidence, skills and experiences which I would never have had the chance to learn or partake in otherwise. You leave with a sense of achievement, new friends and a smile."

Jack





"Thank you very much for everything you are doing in my life...the laptop, the shoes, school fees and medical aid. Placement results are out... I managed to come up with 2 distinctions and a 2.1"

Vimbai

The funds raised on this walk will, therefore...

- Provide St. David's school, in Zimbabwe, with a much needed **Science Lab**, as well as repair a borehole for both schoolchildren and villagers to have **access to clean water**.
- Allow us to build a **field shelter** for the animals at Vana Trust Organic Farm in England.

Nyasha says,

"I am very excited to be marking Vana Trust's 12th anniversary in this challenging manner. I have surrendered to the encouragement of many organizations, family, friends and supporters. Please sponsor me in whichever way you can, as, with your support, we can make a difference to people's lives across the world."



Please CONTACT US if you would like to join us in all or part of the walk and GET SPONSORED yourself! Or perhaps you would like to make a DONATION on the Walk Across Zimbabwe Just Giving page at <https://www.justgiving.com/Nyasha-Gwatidzo1/> Organizations can support us by sponsoring the event and/or donating supplies and farming or other equipment. We also welcome the support of Restaurants and Hotels which can sponsor us by donating meals and accommodation at the team's scheduled stops. So... Go ahead! Sponsor us and **TAKE A CHANCE ON MAKING A REAL DIFFERENCE!**

A word from Cherie Blair. Vana Trust is...
"contributing to the community in both the UK and Africa. In Africa, Vana Trust sponsors the education and overall well being of children affected by HIV/AIDS and poverty in Zimbabwe. It is also involved in supporting women through training and micro-financing."

There is so much more we can do, and your support will ensure that Vana Trust can change the lives of even more individuals and their carers.

To find out how you can help, please contact our lovely administrator Katy Farnell on 07972153778 or katy@vanatrust.org.uk

For more information consult our website www.vanatrust.org.uk or the event page at <https://www.justgiving.com/Nyasha-Gwatidzo1/>

On Twitter @vanatrust

On Facebook <https://www.facebook.com/VanaTrust>

On LinkedIn <https://www.linkedin.com/company/vana-trust>

VANA TRUST is a registered charity 1105276

NOTE TO EDITORS

- All images have been cleared by appropriate responsible adults.
- Vana Trust was founded in 2004 and the farm was set-up in 2009. It has sponsored the education of over a thousand children in Zimbabwe. It also helps those with learning disabilities gain confidence and practical skills through farming at a small farm in Ludgershall, Bucks, endorsed by Bucks County Council, Bucks Community Foundation and Macintyre Charity
- Achievements at the farm include: the set up of Management and Fundraising Committee, a successful grant for a new polytunnel, a tea room conversion, construction of raised beds, new chicken and goat pens, organic status, the annual Summer Fete, planting, harvesting and selling at local shows with a profit of over £1,000.
- In Zimbabwe Vana Trust has provided St. David school with books, a computer, water and repair supplies. The trust continues to support the children after they leave school by funding for further education and training. Young adults are encouraged to develop small businesses and trades through micro-financing and training schemes. The Trust plans to expand its activities in Africa to support more children and other schools.
- Many people have benefited from attending the Trust Farm thus accessing higher education after, which is halfway to finding relevant employment.
- We have raised over £10,000 in funds, and every pound has gone directly to the projects in the UK and Zimbabwe.
- The success of the farm has enabled us to extend our programme to offer work experience to special educational needs schools, open days, school visits and group visits.